

# GROCERY LIST

Please remember your hungry neighbors when you shop.

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|--|---|
| <input type="checkbox"/> Canned or bagged beans (baked, kidney, lima)  | <input type="checkbox"/> Household products (toilet paper, paper towels, tissue, paper plates, utensils)  |
| <input type="checkbox"/> Canned tuna, chicken, & other meats   | <input type="checkbox"/> Coffee, tea bags, hot cocoa mix  |
| <input type="checkbox"/> Processed cheese  | <input type="checkbox"/> Instant breakfast  |
| <input type="checkbox"/> Soups and stews, broth, chowder, chili  | <input type="checkbox"/> Drink mixes  |
| <input type="checkbox"/> Peanut butter   | <input type="checkbox"/> Juices (100 % preferred)   |
| <input type="checkbox"/> Canned fruit & vegetable (also apple sauce)   | <input type="checkbox"/> Milks (condensed, evaporated, powdered)  |
| <input type="checkbox"/> Cereal  | <input type="checkbox"/> Powdered creamer   |
| <input type="checkbox"/> Flour, Sugar  | <input type="checkbox"/> Jams, jellies  |
| <input type="checkbox"/> Flour-based mixes (bread, brownie, cake, muffin, pancake, waffle)                   | <input type="checkbox"/> Ketchup, mustard, relish   |
| <input type="checkbox"/> Pasta   | <input type="checkbox"/> Barbecue sauce   |
| <input type="checkbox"/> Boxed meals (Mac & cheese, helpers, rice mixes)                                     | <input type="checkbox"/> Pickles  |
| <input type="checkbox"/> Rice  | <input type="checkbox"/> Syrup  |
| <input type="checkbox"/> Diapers & baby wipes  | <input type="checkbox"/> Cooking oils   |
| <input type="checkbox"/> Cleaning Supplies (dish detergent, all-purpose cleaners, cleansers)                 | <input type="checkbox"/> Meats, poultry, fish, hotdogs, pizzas, frozen entrees etc*   |
| <input type="checkbox"/> Laundry Supplies (detergents & dryer sheets)  | <small><i>*Please deliver these items directly to Alpine's administrative offices so they may be immediately frozen or refrigerated</i></small> |
| <input type="checkbox"/> Personal care items (shampoo, conditioner, soap, toothpaste, shaving cream, razors) |   |